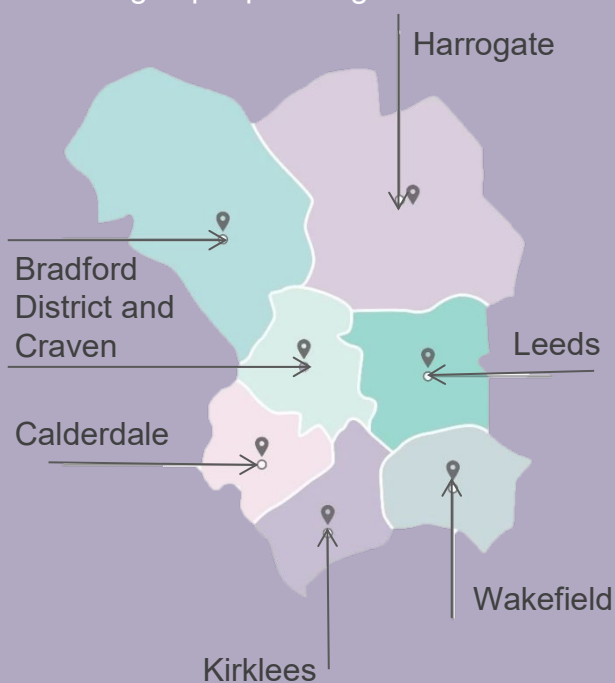


Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- Working to improve people's health with and for them
- Improving people's experience of healthcare
- Making every penny in the pound count
- Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.



Live Well Wakefield outcome story: GP referral

Live Well Wakefield provides a range of self-management courses and workshops offering self-help tools and techniques to help you manage your wellbeing whilst living with any long-term conditions. Courses and workshops are run across the Wakefield and Five Towns area



Introduction:

Referral made by surgery for support:

- Suffers with Fibromyalgia which is a condition that causes widespread pain and extreme tiredness.
- No longer able to tolerate pain medication
- Currently on sick leave due to their health condition; they have a demanding job and feel unable to return to work, but are worried about the financial implications
- Unable to carry out daily tasks
- Lack of mobility due to pain and fatigue; struggle to manage the stairs at home.

Intervention:

- Referral to MYTherapy to assess if any aids and equipment would be beneficial
- Discussed EPP General self-management course, reports it sounds similar to a workshop they attend that was arranged through the pain clinic, however will attend the general self-management course
- Information about Carers Wakefield was provided and support from DIAL was discussed.



Impact of Intervention:

6 week review:

- Assessment had been completed by MYTherapy and additional equipment has been installed in the patient's home
- Application for PIP with support from DIAL submitted


6 month review:

- Now receiving PIP with support from DIAL
- Blue Badge application approved
- Attending 4/6 general self-management courses.
- Reports enjoying time in the garden during the pandemic
- Not worrying about having to return to work and can now concentrate on their health.



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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations

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