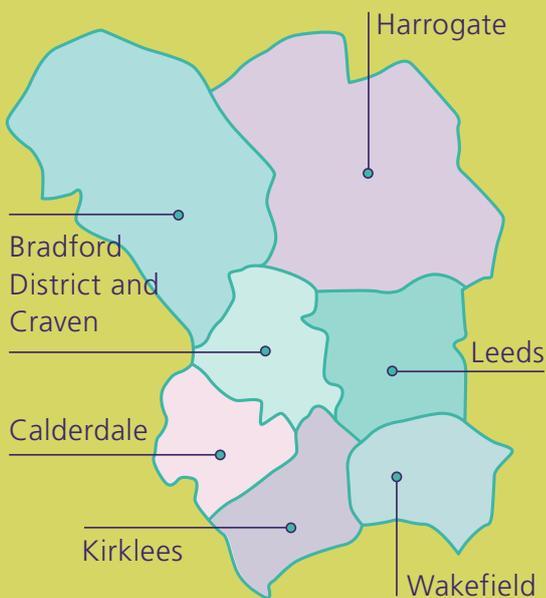


Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.

West Yorkshire and Harrogate Health and Care Partnership



Career workshops for young carers

Our ambition

There are around 260,000 carers living across West Yorkshire and Harrogate in Bradford District and Craven; Calderdale, Harrogate, Kirklees, Leeds and Wakefield. This number includes thousands of young carers taking on a caring role from as early as six years old. Often they are caring for parents who have long-term health conditions, mental health difficulties or experience alcohol and substance use and misuse. We want to support young carers so that their health, wellbeing and education are not affected by their caring role.

What we are doing

The first in a series of career health and care insights events to support young carers was held by West Yorkshire and Harrogate Health and Care Partnership in June 2019.

The events, called 'Couldn't Care Less', aimed to show young carers how their skills can be transferred into exciting and varied roles in the health and care sector, supported by role models from across local business and the NHS.

Young carers often have a whole raft of skills and experiences that make them well suited to a career in health and care.

We want these workshops to provide a balance of inspiration and practical support to address the pressures experienced by young carers. This group of young people need to know that they can have a future in health and care and the steps to take in making this a reality.



Fatima Khan-Shah, West Yorkshire and Harrogate Programme Lead for Carers.



Sylvia Shatwell, Willow Young Carers, Barnardos said:

"Many young carers find it difficult to cope with the added pressure of education and exams, with many feeling socially isolated and unable to take part in after-school and weekend activities. Juggling caring responsibilities with their school work and social development puts them under tremendous pressure when it comes to studying for their exams or considering their career aspirations and opportunities. This can result in lack of confidence, low self-esteem and in some cases depression or mental health problems – areas of concern we very clearly want to address."

What next?

In partnership with the Local Workforce Action Board, the Partnership has developed the programme to encourage more young people to consider the 350 different careers and opportunities available in the sector. Supported by health and care professionals, including a paramedic, emergency nurse consultant, physician associate; operating department practitioners and other roles in social care, digital/IT, communications and mental health nursing.

NHS Wakefield CCG
White Rose House
West Parade
Wakefield
WF1 1LT

✉ westyorkshire.stp@nhs.net
🌐 www.wyhpartnership.co.uk
🐦 @WYHpartnership
☎ 01924 317659

A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

June 2019

West Yorkshire and Harrogate
Health and Care Partnership

