

# West Yorkshire and Harrogate Healthwatch NHS Long Term Plan Engagement – ‘I’ statements

I care about the NHS.



- > **Listen** to me.
- > **Care** about me and **respect** me.
- > See me as a whole person.
- > **Support me** to stay healthy and look after myself.
- > Be there for me when I need support with my health and don't keep me waiting.



**Encourage and assist me to use digital technology** but don't let that replace all human contact.

- > Share my information with each other and work together to deliver my care.

**Understand that if I have a mental health condition, autism or/and a learning disability, I am more likely to be having a poorer care experience.**



- > Understand that if I am from a Black Asian Minority Ethnic (BAME) community, I may face more barriers to understanding what's available to me and how to access it.

- > Look after the **people who care for me.**



You can read the engagement report [here](#).

