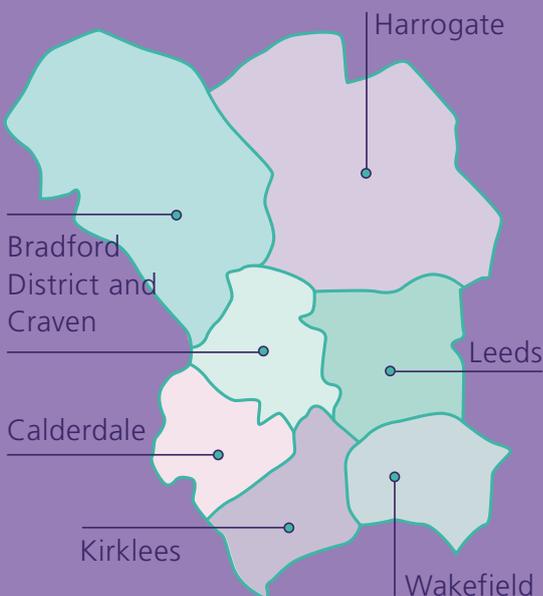


Telling our Partnership story



**Proud to be the
West Yorkshire and
Harrogate Health
and Care Partnership**

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.

**West Yorkshire and Harrogate
Health and Care Partnership**

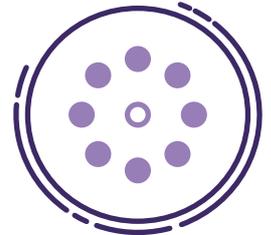


Hello Neighbour

I'm here if you need me.



**Looking
out for our
neighbours**



Loneliness

Our ambition

Social isolation can increase the risk of having a stroke by a third, and older people who live alone are 50% more likely to visit A&E than those who live with others. Findings published in Age UK's report (2018) "All the lonely people: Loneliness amongst older people" show that the number of older people who are lonely is rising quickly. This could be a major public health concern because if loneliness is not addressed it can seriously affect people's health and well-being. We hope to inspire people to reach out to those who live alone or might need help, and encourage them to do simple things for them that will make a real difference to their wellbeing – even just saying "hello".

What we are doing

In August 2018, the Partnership allocated £1m to go toward supporting voluntary and community organisations to help tackle loneliness. Further funding from the Partnership's Urgent and Emergency Programme Board was given to support the 'Looking out for our neighbours' campaign. The campaign is running across West Yorkshire and Harrogate, having been designed with the input of over 100 residents across the region.

30,000 neighbourhood packs have been localised and shared across the area.

This includes a range of resources to inspire and encourage residents to champion togetherness in their area and look out for a neighbour in need.

Over 300 organisations and community champions, including the Jo Cox Foundation, the Police, sports clubs, the NHS, councils, West Yorkshire Fire and Rescue Service and hundreds of voluntary groups and charities are supporting the campaign.



What next?

We will be evaluating our campaign in June 2019 and considering our next steps.

Visit: ourneighbours.org.uk for more information and to download your free neighbour pack.



Young Dementia Leeds, is a project is supported with loneliness funds from West Yorkshire and Harrogate Health and Care Partnership.

"We have observed how lonely it can be to be a person with dementia, and a carer of a person with dementia. Often many friends drift away on diagnosis, and behavioural issues can limit social opportunities in a society that is only just learning to become Dementia Friendly. As a carer, you may not be physically alone, but having no one who understands your situation, can make you feel so. Our partners on the Young People with Dementia Team identified a need for carers and people with dementia to socialise together in a safe space last spring.

We responded to that need by holding a party last June, which led to us creating a monthly dementia café.



We have attached our cookery group to the café, and so far the strongest outcome has been the camaraderie that has formed between people."

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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

April 2019

West Yorkshire and Harrogate
Health and Care Partnership

