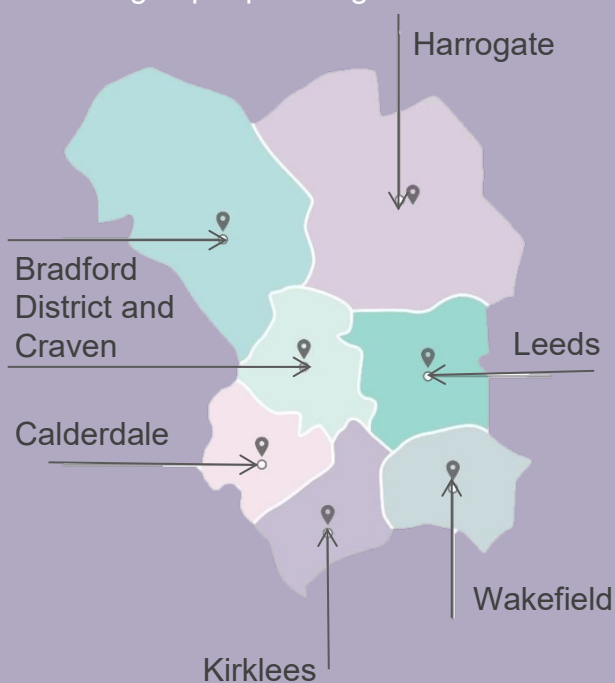


Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- Working to improve people's health with and for them
- Improving people's experience of healthcare
- Making every penny in the pound count
- Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.

West Yorkshire and Harrogate Health and Care Partnership



Personalised Care: Supporting the pathway for cancer patients Prehabilitation interventions

Our ambition

The Macmillan Prehabilitation project at Calderdale and Huddersfield NHS Foundation Trust is a two year project to explore the feasibility of providing prehab to all newly diagnosed cancer patients. Supporting them to engage in physical activity and have nutritional and emotional support.

We want people with cancer in Calderdale and Huddersfield to receive the right information at the point of diagnosis to empower them to prepare for their cancer treatment. We want people to be confident to make choices about their care and support shared decision making, as they are the experts when it comes to knowing what help, support and personalised care they need.

What we are doing

- Offering on diagnosis health and well being information and education to all newly diagnosed cancer patients in Calderdale & Huddersfield.
- Screening and assessing lung cancer patients to engage in prehabilitation interventions.
- Working with acute and community services in the provision of prehabilitation interventions.
- Using the Patient Activation Measure and 'what matters to me' personalised care questions to create personalised prehabilitation care plans.
- Working with clinical teams to embed personalised care approaches into current practice including the Macmillan Holistic Needs Assessment.



What's next?

We are developing a virtual health and well being offer for patients, with more information and support on our website. This will include a live question and answer sessions and enable people to remain connected to healthcare professionals.

The prehabilitation project is also being delivered virtually to continue to support patients get to and through their cancer treatment and continue to provide the universal prehabilitation to the wider population.

Prehabilitation is being developed to offer a more targeted and specialist approach to a wider patient group across all tumour sites.

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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations

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West Yorkshire and Harrogate
Health and Care Partnership

