

West Yorkshire Night OWLS comms guidelines and information



Night OWLS is a confidential support line for children and young people in crisis. Helping them, their parents and carers living in Bradford, Leeds, Calderdale, Kirklees and Wakefield.



We're available
**8pm –
8am**

Call this number
for free:

0300 2003900

Text us on:

07984 392700

Chat to us on:

[wynightowls.org.uk](https://www.wynightowls.org.uk)

Website

www.wynightowls.org.uk

This links to the page about the Night OWLS on the LSLCS website, where there is information and access to the online chat function.

West Yorkshire and Harrogate Health and Care Partnership have information on the Night OWLS on their website too:

<https://www.wyhppartnership.co.uk/our-priorities/mental-health/mental-health>

YouTube

The main information video can be found here: <https://www.youtube.com/watch?v=poY54Fli098>

The video with Healthy Minds apprentice James talking about his involvement in the project can be found here: <https://www.youtube.com/watch?v=y9e8aW1DcJg>

Social media

The Night Owls Instagram page is: @wy_nightowls

We're using the LSLCS Twitter and Facebook for the rest of the social media channels.

Twitter: @LSLCS

Facebook: TeenConnectLeeds

Our main hashtag is #WYNightOwls

We're also using #MentalHealth #WestYorkshire #YoungPeople #Support as supplementary hashtags.

Unfortunately the LSLCS website has been "Zucc'ed" – flagged as breaking the community guidelines of Facebook. We're not sure how this occurred and we've tried to get it sorted out but haven't yet succeeded. What it means that we can't share the [wynightowls.org.uk](https://www.wynightowls.org.uk) URL on Facebook and Instagram. It's fine on Twitter.

The WYH Partnership is unaffected and is fine to share on Facebook/Instagram.

Sample tweets

NightOWLS is for every child or young person, including neuro-diverse people, who are in crisis at night. Open 8pm-8am every day. Call free, text or online chat at www.wynightowls.org.uk #mentalhealth Read more <https://bit.ly/3jWd3Do>

NightOWLS is a confidential overnight listening service for children and young people experiencing emotional difficulties. Open 8pm -8am, every day, call, text or online chat at www.wynightowls.org.uk #mentalhealth Read more <https://bit.ly/3jWd3Do>

NightOWLS is a confidential overnight listening service for parents and carers in West Yorkshire who are concerned about the emotional wellbeing of a child or young person. Open 8pm -8am, every day, call, text or online chat at www.wynightowls.org.uk #mentalhealth Read more <https://bit.ly/3jWd3Do>

NightOWLS is for every child or young person in West Yorkshire who is struggling with their mental health at night. Open 8pm-8am every day. Call free, text or online chat at www.wynightowls.org.uk #mentalhealth Read more <https://bit.ly/3jWd3Do>

Information on the service

Night OWLS is a confidential support line for children, young people, their parents and carers who live in Bradford, Leeds, Calderdale, Kirklees and Wakefield. This is a pilot scheme funded till March 2022. If a child or young person you care for is in a crisis and you are concerned about their emotional wellbeing contact Night OWLS.

Night OWLS can help you if you:

- Feel you have nowhere to turn
- Feel you can't go on living
- Are in a crisis
- Are finding it hard to cope with life
- Are feeling angry, lonely, anxious or depressed
- Are feeling confused or finding it hard to think straight
- Are feeling unsafe
- Are caring for a young person
- Just want to talk

We're available 8pm–8am every day for children, young people, parents and carers across West Yorkshire.

Call this number for free: 0300 2003900

Text us on: 07984 392700

Or talk online at www.wynightowls.org.uk

Please be aware, the team can see the phone number of any calls (except when number is withheld) and any text messages.

New QR code



New poster



**NIGHT
OWLS**

Overnight West Yorkshire
Listening/Advice Service



We're available

**8pm –
8am**

A confidential support line for children and young people who live in Bradford, Leeds, Calderdale, Kirklees and Wakefield.

If a child or young person you care for is in a crisis and you are concerned about their emotional wellbeing contact Night OWLS.



SCAN ME

For more information scan the QR Code to watch our video

Call free on: 0300 2003900 or text us: 07984 392700