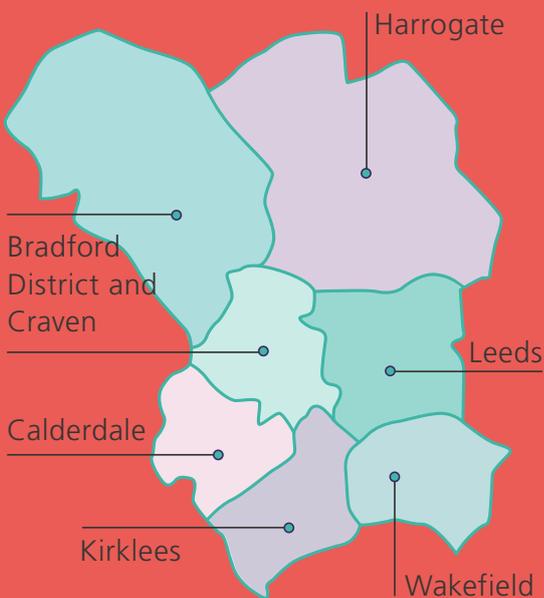


# Telling our Partnership story



## Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.

West Yorkshire and Harrogate Health and Care Partnership



## Healthy Child Programme

### Our ambition

In West Yorkshire and Harrogate there are many children and young people growing up in poverty and higher than average childhood obesity levels. We want to provide more people with support to help them to lead healthier lives and get a good start in life. Our aim is to improve the way that services are provided with a greater focus on helping people earlier rather than later and keeping people well.

## What we are doing

The Kirklees Integrated Healthy Child Programme, working under the banner of 'Thriving Kirklees', is made up of Local Community Partnerships, South West Yorkshire Partnership NHS Foundation Trust, Northorpe Hall, Home-Start and Yorkshire Children's Centre.

It covers 11 areas of health provision for children and young people aged between 0 and 19 years (or up to 25 years if someone is disabled) and their families including: health visiting and family nurse partnership, school nursing, child and adolescent mental health services (CAMHS), single point of access (SPA) for 0 – 19 services, children's weight management service, assessment and diagnosis of autistic spectrum conditions and support for those with learning disabilities, as well as home visiting support for families and group support for young mums.

Through this innovative approach and genuine partnership working, we are improving outcomes for young people in Kirklees.

## What next?

**Work to date has shown that initiatives such as peer education approach work well and potentially generate substantial rewards.** We are looking how these can be delivered at scale. Learning from projects across the Thriving Kirklees is being shared amongst agencies and with partners across West Yorkshire and Harrogate.



"I was terrified when I became pregnant with my first child aged 18. All I could think about was that I had 'messed up'.

I lived with my grandmother who was so disappointed in me she threw me out. I had to move in with my partner. Living off his sole wage life was tough.

When my baby arrived I struggled with the responsibility and found I couldn't bond with him. I felt isolated and would lie awake at night crying.

I attended the Home-Start young parents group. The Peer Educator (PE) made me feel so welcome. I had lots of support and learned a lot.

I decided to train as a PE myself but a couple of days before the course started I found out I was pregnant again. I was so determined I completed it anyway.

Returning to college was a way to sort myself out. My confidence has grown massively, I have been through some hard times but I can officially say I have signed off support and have stepped up to being a PE and am now supporting other young mums currently attending group."

> **'Jane' is a Peer Educator**



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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

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West Yorkshire and Harrogate  
Health and Care Partnership

