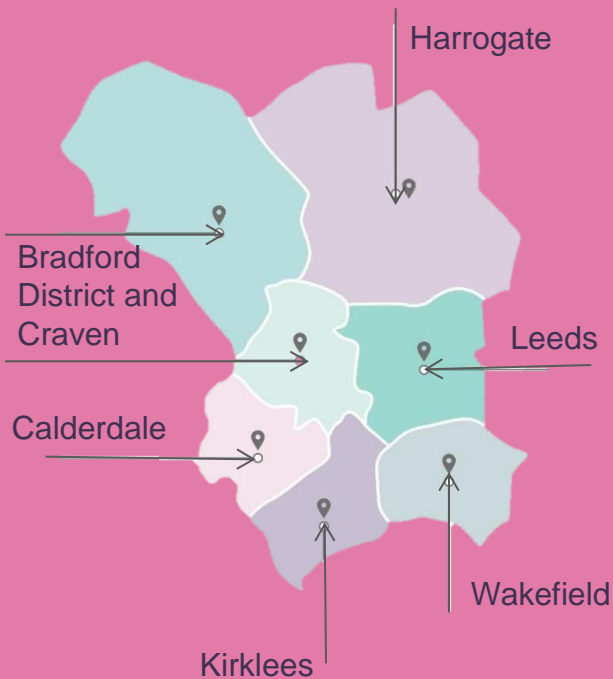




Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- Working to improve people's health with and for them
- Improving people's experience of healthcare
- Making every penny in the pound count
- Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.



West Yorkshire and Harrogate Healthy Hearts: early detection and treatment of cardiovascular disease (CVD)

[West Yorkshire and Harrogate Healthy Hearts](#) aims to reduce the impact of cardiovascular disease (CVD) and save lives in our region by helping to prevent people from having a heart attack or stroke.

In West Yorkshire and Harrogate alone, for instance, more than 600,000 people are affected by high blood pressure (hypertension) – a leading cause of heart disease and stroke. We estimate that 256,000 people (9.8%) have high blood pressure but remain undiagnosed.

What we are doing

West Yorkshire and Harrogate Healthy Hearts is a three-year project that focuses on three specific risk factors that can cause cardiovascular disease (CVD) including blood pressure, cholesterol and diabetes.

Our aim is to support:

- A reduction in cardiovascular disease such as heart attacks and strokes across our region by over 10%
- The prevention of 800 heart attacks and 350 strokes over the course of the initiative
- A saving to the local health and care economy of more than £12 million

Recent hypertension data shows

- Almost 10,000 additional patients have been added to hypertension registers
- More than 17,500 additional patients have had their blood pressure controlled to a tighter target (less than 140/90)
- Due to this more than 350 patients could avoid a heart attack or stroke over the next 5 years

Cholesterol data shows

- More than 2,500 patients have switched to a more effective statin to better control their cholesterol levels
- More than 2,000 new patients with a CVD risk have been offered a statin
- Due to this more than 500 patients could avoid a heart attack or stroke over the next 10 years.



What's next?

Early detection and treatment of CVD can help patients live longer, healthier lives. We are working with our NHS partners to continue this vital work providing extra support to primary care including treatment guidance and clinical searches to help identify patients who need extra support alongside advice for patients on leading healthier lives.

Further information for both the public and health care workers can be found online at:

www.westyorkshireandharrogatehealthyhearts.co.uk

NHS Wakefield CCG
White Rose House
West Parade Wakefield
WF1 1LT



westyorkshire.stp@nhs.net



www.wyhpartnership.co.uk



@WYHpartnership



01924 317659

A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations

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West Yorkshire and Harrogate
Health and Care Partnership

