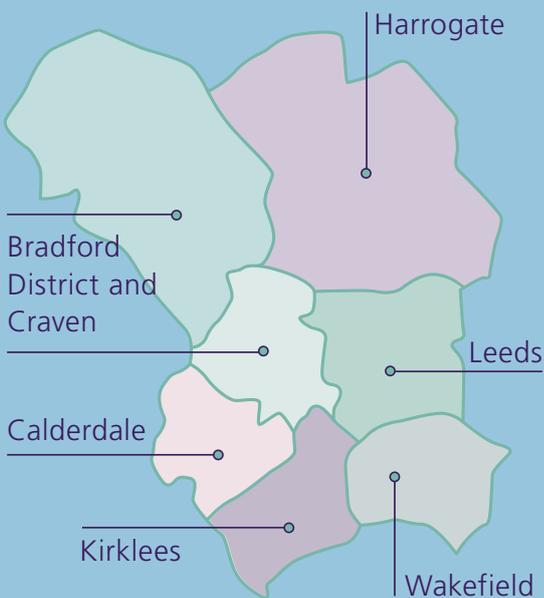


Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.



Live Well Wakefield

Our ambition

Our vision is to establish a new relationship with our communities and support people to look after themselves and stay well. Our research tells us that many people are not aware of the services available to them. We therefore wanted to link local residents with sources of support within the community which, alongside existing treatments, would improve health and well-being.



What we are doing

Live Well Wakefield is funded by Wakefield Council and run by Nova Wakefield District and South West Yorkshire Partnership NHS Foundation Trust. The service improves the wider health and wellbeing of Wakefield residents by promoting independence and self-management.

Key areas of work include help coping with long-term conditions and referring people with social, emotional or practical needs to a range of local services, often provided by the voluntary and community sector. Staff work throughout the communities of Wakefield and deliver the service wherever the service user would find beneficial, for example in community centres or at home. The service also offers self-help courses and workshops.

In its first year Live Well Wakefield has helped more than 1,700 people - 99% of those say they would recommend the service to friends and family.

What next?

We are sharing expertise with a social prescribing tool we have developed. This has been endorsed by NICE. We have also partnered with West Yorkshire Fire and Rescue Service to increase the reach of our work. Under the 'Safe and Well' initiative we have helped train fire and rescue staff to watch out for issues like cold homes, social isolation and a risk of falls.

Now if they spot any problems officers refer into Live Well Wakefield so we can arrange the appropriate support.



'Albert'

(not the person's real name)

Albert was frail and elderly, having problems with his memory and living alone without support as his family are all overseas.

He was referred to Live Well Wakefield by a community matron for support in maintaining his independence.

Although he wasn't managing too badly, Albert was lonely and needed help with washing. His worsening memory means that he often forgot to eat meals and take medication.

To stop him feeling lonely, we helped Albert link up with a volunteer from an Alzheimer's befriending service. We also put him in contact with an group that runs tea parties – which Albert now regularly attends. We helped Albert get his social care needs sorted and he now has a package of support in place. Finally, we gave Albert a dementia friendly clock to help with taking medication. All of this has greatly improved his quality of life and is enabling him to continue living independently, which is his wish.

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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

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West Yorkshire and Harrogate
Health and Care Partnership

