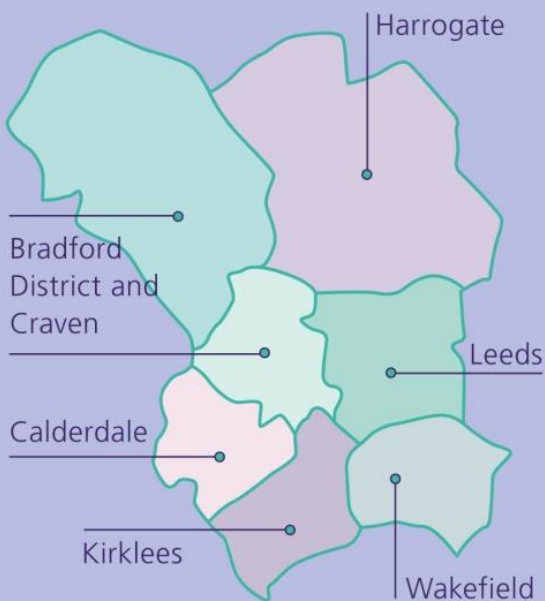


# Telling our Partnership story



## Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.7 million people living in West Yorkshire and Harrogate.

West Yorkshire and Harrogate Health and Care Partnership



## Our first NHS one-stop clinic for shoulder pain

### Our ambition

Transforming outpatient services is one of our ambitions as part of the NHS Long Term Plan.

By taking a much more team-focussed and patient-centred approach, we can reduce the number of return visits patients have to make to hospital, shortening the clinical pathway, improving efficiency and making the best possible use of valuable resources.

In the past, just a consultant would see a patient at a single appointment but now different specialists, working together as a team, get the patient seen, diagnosed and treated as soon as possible.



## What we are doing

Airedale NHS Foundation Trust launched the first NHS 'one-stop' upper limb clinic in October 2020. Consultant orthopaedic surgeons James Tyler and David Bowe lead the weekly clinic, along with consultant radiologist Dr Amit Bharath and specialist physiotherapist Stacey Lalande.

Patients with shoulder or elbow problems can now see a consultant surgeon, a consultant radiologist, get a diagnosis and treatment plan, and start treatment such as injections and physiotherapy, all at the same appointment.

Attending the clinic for one appointment instead of four results in waiting times being reduced to around four weeks, making a significant difference for those patients in pain and discomfort. Having fewer clinic appointments taking place is also safer for both patients and staff, especially during the Covid-19 era.

Patients who need surgery can be given all the information they need and the surgeons can discuss the procedure with them on the day, so they don't have to go away and come back each time.

## What next?

The team are planning that, once the clinic is well established, patients will be seen and treated within ninety minutes.

The team has also invested in an online system so patients can report their own symptoms throughout their treatment and afterwards, without having to return to the clinic.

This further reduces the number of appointments taking place which is more convenient for patients who experience higher levels of patient satisfaction.



NHS Wakefield CCG  
White Rose House  
West Parade  
Wakefield  
WF1 1LT

✉ [westyorkshire.stp@nhs.net](mailto:westyorkshire.stp@nhs.net)  
🌐 [www.wyhpartnership.co.uk](http://www.wyhpartnership.co.uk)  
🐦 @WYHpartnership  
☎ 01924 317659

A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

**December 2020**

West Yorkshire and Harrogate  
Health and Care Partnership

