



West Yorkshire and Harrogate Health and Care Partnership

Adversity, Trauma and Resilience 3 Day Knowledge Exchange

March 2021

WY&H Adversity, Trauma and Resilience 3 Day Knowledge Exchange

1. Page 1

| 1. Why did you decide to attend this event? | | | Response Percent | Response Total |
|---|--|--|------------------|----------------|
| 1 | Open-Ended Question | | 100.00% | 52 |
| 1 | The 3 day training (in a block) was attractive, the topics on the training were relevant and our team worked together to decide which webinars/ sessions were most appropriate for different areas within our team. | | | |
| 2 | Currently part of group working towards implementing trauma informed principles into our organisation | | | |
| 3 | Several reasons 1 - for personal education/CPD 2 - its relevance to my longstanding interest in CYP outcomes 3 - to participate if possible | | | |
| 4 | aal 3 days | | | |
| 5 | I am operational manager/ learning and development lead for 0-19 public health nursing service in Kirklees so felt that awareness and understanding to this agenda is crucial. | | | |
| 6 | I am one of the trust leads for developing & implementing a trauma informed pathway | | | |
| 7 | Interested in areas covered and committed to improving lives. | | | |
| 8 | To gain further knowledge and connections with experts. | | | |
| 9 | to learn more and gain an other professions understanding | | | |
| 10 | In my role I work with parents who have experienced ACEs in their childhood and presently have mental health difficulties which have not been dealt with and so the cycle carries on through their children. I'm a CYP IAPT parent practitioner who alongside my co-worker run and facilitate Evidence based Incredible Years parent groups to promote better outcomes for their children and the families. The event was a great opportunity for me to refresh my knowledge and keep up to date with other organisations for better networking. | | | |
| 11 | To expand my knowledge in new and existing area's of practice. | | | |
| 12 | To learn about the NHS approach to the conference topic. | | | |
| 13 | To learn more about which partner agencies are working with trauma informed/trained staff and policies? How we can implement collaborative working in our practice. Benefits of early intervention. | | | |
| 14 | Was interested to hear the various speakers and learn more about access to information that can inform my practice and enhance the knowledge of my colleagues and really strip apart the reality of the lack of early intervention and impact on individuals and families and wider life choices - blew me away to be honest | | | |
| 15 | Wanted to know more about ATR. | | | |
| 16 | Because as a domestic abuse survivor and as a founder of a peer led domestic abuse survivor service I believe the current system is extremely flawed, outdated and in need of transformation. | | | |
| 17 | I was asked by a colleague and it's part of my role | | | |



1. Why did you decide to attend this event?

| | | Response Percent | Response Total |
|----|---|---------------------|-------------------|
| 18 | Interest n the trauma informed approach | | |
| 19 | Many of the children and young people I work with have experienced trauma, many are excluded from school and are punished for what they have experienced rather than being helped to cope with the impact of what has happened to them. | | |
| 20 | Great learning opportunity | | |
| 21 | It sounded interesting and potentially useful for my work. | | |
| 22 | The agenda looked interesting and being online there was potential to 'dip in' and 'dip out' to meet other commitments. The listed speakers were 'enticing' and the subject matter is very relevant and important. | | |
| 23 | To further enhance my knowledge on Resilience and Children Adversity Experiences | | |
| 24 | I work with people affected by Trauma and want to be better informed, learn from others and also think about how m=our service can be better trauma informed | | |
| 25 | I attended because the topic is something that my team are picking up a lot in our work with families and although I have a baseline knowledge, I was keen to see how the strategy was being rolled out as a partnership approach. The calibre of speakers was also a huge draw as I would have signed up to any of them speaking had I had opportunity outside of this event due to the knowledge and experience they all brought. | | |
| 26 | Because Trauma matters and I want to deliver a service that is trauma focussed and meets the needs of our most vulnerable YP, if we get it right for them - we get it right for all! | | |
| 27 | I am interested in building my knowledge on the issues and want to develop an organisation that is trauma informed. | | |
| 28 | To gain insight into how much and what professionals in the region know about trauma currently and learn new ways of working. | | |
| 29 | I am a member of the SWYT NHS trauma informed pathway working group. I have worked in the area of trauma for a long time and am really interested in new developments and up to date information. | | |
| 30 | I work with women, babies and families and it is a passion of mine to help women overcome adversity. I work in a vulnerable womenâ€™s team and I wanted to learn more about ACE and how this can affect a person. | | |
| 31 | To share and gain knowledge on working with trauma and resilience. | | |
| 32 | Increase my knowledge of the subject and relationship and impact on safeguarding | | |
| 33 | Because I am passionate about trauma informed practice and I am heading up a project within my organisation that is looking at implementation of a trauma informed approach. | | |
| 34 | I felt that this would fit well with my current lead in Public Health Bradford which is around vulnerabilities due to complex and multiple needs | | |
| 35 | I have just been made aware of the group and I am interested in their aims. I was interested in this event as it covered areas relevant to my job. | | |
| 36 | Interested in ideas for a long-term plan in tackling trauma. | | |
| 37 | To gain further insight into trauma and be updated on recent policies. | | |
| 38 | My interest in public health and impact of toxic stress on babies. | | |
| 39 | Because the contents were relevant to my roles and I wanted to understand what is going on in the region. | | |

1. Why did you decide to attend this event?

| | | | Response Percent | Response Total |
|----|--|--|------------------|----------------|
| 40 | Because of its links to my role and professional development/experiences | | | |
| 41 | My manager signed me up as I'm leading the trauma network project for Camden and Islington. | | | |
| 42 | It was suggested to me. However, the content is really useful for the whole workforce to have an understanding of. Hopefully, this way we will stop retraumatizing people and begin to help others heal. I think it is also helpful for candidates on a personal level and hopefully others have been able to help themselves too. | | | |
| 43 | to network and find links around this topic gain information about how topics in this field have been taken forward and will be taken forward | | | |
| 44 | To build Partnerships and learn about the future plans of the district | | | |
| 45 | To learn more about trauma informed practice and resilience. To see how this has been implemented into working in another area to improve practice in my own area. | | | |
| 46 | because I work with young people who have experienced trauma. | | | |
| 47 | Relevant to my new role, broad range of speakers across sectors, opportunity to learn, network and discuss, free to attend | | | |
| 48 | We were invited to deliver a workshop and had been involved in the steering group. | | | |
| 49 | It was offered to me by my manager and I have a lot of interest in early intervention and the importance of identifying underlying ACEs, recognising the impact that this has on brain development, perception and outcomes for those affected. I have worked for many years in Early intervention in Education and children's social care and feel very hopeful that all agencies can work together to improve the approaches to children and young people who may be affected. | | | |
| 50 | On steering committee for the Bradford ACE, Trauma and Resilience Strategy I also attend the WY+H Childhood Trauma steering group. I attended this event to gain a greater insight into what was occurring in the rest of the district and also update my knowledge from the key not speakers. | | | |
| 51 | to find out more info on the above subject | | | |
| 52 | I was asked to present a workshop. | | | |
| | | | answered | 52 |
| | | | skipped | 0 |

2. Do you think this event achieved its goals of bringing partners together to share evidence, practice and raise awareness?

| | | | Response Percent | Response Total |
|----------------|---|---|------------------|----------------|
| 1 | Yes |  | 98.04% | 50 |
| 2 | No |  | 1.96% | 1 |
| | | | answered | 51 |
| | | | skipped | 1 |
| Comments: (32) | | | | |
| 1 | yes, raising awareness seemed to be the theme of the training throughout and it was helpful to gain updates | | | |
| 2 | would have been helpful to have more forums to interact with each other as delegates but i understand that is difficult in an online forum such as this however was good to hear about what | | | |




2. Do you think this event achieved its goals of bringing partners together to share evidence, practice and raise awareness?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| | is happening in our area. | | |
| 3 | I want to answer yes and no to this question. It was an excellent experience and definitely exchanged knowledge. I think the emphasis was more on describing experiences and associated feelings and on the evidence base for this but less on the evidence base of interventions and successful practice at scale. | | |
| 4 | Amazingly so, lots of integrated working & providing hope for future working | | |
| 5 | Definitely it was lovely to see and hear the involvement from so many different professionals from various organisation. Each one spoke with so much passion about what they believed in and how things can change. Such a wide variety of knowledge and powerful presentations. | | |
| 6 | Thoroughly enjoyed the various speakers and the workshops. | | |
| 7 | Absolutely and gave everyone the message of listening and actually taking time to consider impact and how we can set the scene for a different future if we see the chance for change | | |
| 8 | Yes, however there were so many workshops it was difficult to decide which to attend and therefore lost opportunity to share practice and raise awareness. | | |
| 9 | This event far exceeded my expectations, giving chance to hear others thoughts, keynote speakers welcoming contact, the information in the workshops I attended was great to hear and has been an inspiration. We have already made changes to our organisation based on what was learnt. | | |
| 10 | Fantastic event such rich content very inspiring | | |
| 11 | A range of professionals and people who have experienced trauma giving advice on how to support those who have experienced trauma. The voice of those who have experienced trauma reporting what did/ did not work for them. | | |
| 12 | Yes - in the circumstances it was an excellent networking and learning opportunity. The only way it could have been improved would have been 'in person', but that wasn't possible. I think every effort had been made to ensure the event was as accessible and useful as possible. I learnt about a range of initiatives and also many ideas to progress. | | |
| 13 | Was great to hear other professionals share their childhood stories and adult life experiences from a range of difference services | | |
| 14 | Some of the conversations and networking opportunities were useful for this purpose | | |
| 15 | It was great to see so much interest and enthusiasm! | | |
| 16 | It was a really good event with great speakers and resources made available. | | |
| 17 | This course came at the perfect time for me personally. I know I can make a positive impact from my lived experience now and also move forward with my life with confidence and purpose. | | |
| 18 | Absolutely excellent for this. | | |
| 19 | I thoroughly enjoyed hearing from different people across a variety of different sectors. | | |
| 20 | I thought it was an absolute triumph. I thought it was a safe space for people to be able to talk, the workshops were all brilliant and inspiring and it was nice to bring people together who have the same mindset. It was a well put together conference. | | |
| 21 | Fab event really informative and wide range of people who attended. | | |
| 22 | Wide range of experts and professions contributing information from a number of different perspectives. Definitely raised awareness and at the same time built a bank of online resources for further use | | |

2. Do you think this event achieved its goals of bringing partners together to share evidence, practice and raise awareness?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 23 | It also showed how services are connected and work together. | | |
| 24 | I think there is now some work to do to plan how we will work to embed this approach and make use of already existing partnerships and workstreams to avoid duplication. | | |
| 25 | This type of event definitely raises awareness, it's helpful for many people to speak up about their work to raise the profile for others' doing the same work locally. | | |
| 26 | Although, it wasn't quite what I had expected though. I had expected elements of sharing what works well etc and some really practical advice. | | |
| 27 | I think it shared information it do not think it brought people together due to the virtual platforms used, it felt very lonely at times just watching one person talking not being able to interactive on chat, or see other peoples chats or comments. I not sure the platforms used were the right ones for this sort of networking event | | |
| 28 | excellent event. learnt a lot. | | |
| 29 | I thought the 3 days were great and bringing forward some really interesting speakers, great practice and to challenge thinking in my own practice. | | |
| 30 | I only managed to attend 3 sessions because of leave and other commitments but felt sense of sharing and collaboration | | |
| 31 | The range of experience and expertise that was on offer the 3 days was an amazing opportunity to hear about best practice, evidence locally and nationally and raise the profile of the good work that is happening as well as how to move things forward around this topic. | | |
| 32 | I enjoyed the events. I would have liked the chat function to be open on the keynote speeches to enable sharing evidence, best practice within the sessions and foster networking. I did not really use the 'coffee area' as every table I went to no one really engaged with talking and it was hard to know who people were. | | |

3. How well organised was the event?

| | | | Response Percent | Response Total |
|---|---------------------|---|------------------|----------------|
| 1 | Extremely Organised |  | 66.00% | 33 |
| 2 | Very Organised |  | 32.00% | 16 |
| 3 | Disorganised |  | 2.00% | 1 |
| | | | answered | 50 |
| | | | skipped | 2 |

Comments: (34)

| | |
|---|--|
| 1 | technology worked really well - the website was very well organised and clear to access. all presentations were timely. information prior to the event was received in a timely manner |
| 2 | Easy to access, navigate and respond. good timings: gaps between presentations fantastic contributions |
| 3 | I am astounded by how easy it was to navigate through the 3 days. It was fabulously organised |
| 4 | having access to the website before to navigate around the workshops |


3. How well organised was the event?

| | | Response Percent | Response Total |
|----|--|---------------------|-------------------|
| | networking space | | |
| 5 | A mammoth job and a fantastic achievement - huge thanks and well done to everyone involved. | | |
| 6 | The event was so well organized and you could not go wrong. | | |
| 7 | Hopefully we can continue to build on the good practice around adversity, trauma and resilience. | | |
| 8 | times were a little off and would have liked to have had the time to attend more workshops but for such an event it was very well managed | | |
| 9 | I could have done with more information about the workshops in the original event information. It was difficult to chose workshops in the given time or before connectivity lost. I did however manage to attend workshops through the agenda links which was useful. | | |
| 10 | The website and interactive agenda to get you to where you needed to be I thought was excellent and very user friendly. Although I did not experience any technical difficulty I saw the emails go out updating others which I thought was fantastic. | | |
| 11 | fantastic | | |
| 12 | Joining instructions given out well in advance Clear agenda - easy to navigate | | |
| 13 | This could be the future of conferences | | |
| 14 | Generally things seemed to run smoothly. | | |
| 15 | A very high standard of organisation - follow up information supplied and any technical problems were quickly resolved. | | |
| 16 | Sessions all started on time and it was clear on where everyone should have been on the date in question. Agenda was clear and concise | | |
| 17 | Could have attached links to the etickets - i couldn't find the email with the links on (even though it was sent the friday before!!). I had assumed they were on the ticket on the morning of the event, | | |
| 18 | I did panic that I didn't have a link in advance of the event, but once this was sent, everything was easy to access and liked the way the sessions rolled on after each other. | | |
| 19 | worked so well on the platform it was delivered | | |
| 20 | It was a massive success and achievement to pull it off online. | | |
| 21 | Just had to call for the details as I wasn't told about how to login and find the agenda and was therefore half an hour late. | | |
| 22 | Brilliantly organised. Everything went so smoothly. So impressed with the main web page with the links. | | |
| 23 | It flowed well and was easy to navigate | | |
| 24 | Few glitches in the tech but on the whole very good. I would suggest that it is made clear for any future event that platforms will shift between programmes | | |
| 25 | The organisation was fantastic, really impressive. Networking and bringing together the people involved for starters, then the design of each day with a range of talks and workshops to meet different interests. The website brought everything together very professionally and made fore a very efficient online experience with minimal technical problems encountered. | | |
| 26 | There were plenty of pauses in between sessions. | | |

3. How well organised was the event?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 27 | I found that if you came back from break and clicked on the agenda ready to be let in you could be waiting a long time, or not let in at all. I realised that it was often better to just keep going back to the agenda and re-clicking and then you were in to the next webinar. | | |
| 28 | An agenda was provided which was good. The event map did not work and following the finishing of a presentation it would say go to the event map but it would not work. It took the responsibility of the attendee to move from every single event which was tiresome, and some finished early and sometimes as the event map did not work then missed the start of the next session as you had to click on the next session or log into another session. It all seemed very disjointed, Rather than just be on one platform so then you were not moving from place to place and ending up with issues logging in then out then in then out. | | |
| 29 | i would suggest a dummy virtual link to allow candidates to familiarize themselves and navigate through. | | |
| 30 | Really easy to join conversations when able able, good timing, good use of Menti. | | |
| 31 | Communication good, options within programme to join different sessions | | |
| 32 | It was a little confusing at first when registering but then once you had grasped how to book on to workshops/talks it was fine. | | |
| 33 | fantastic event - from sharing links to running of days. | | |
| 34 | It was organised well although I think there were a few things which could have been improved regarding the workshops. It would have been helpful to have more accurate information about the number of participants attending. I was told there would be over 60 people but there were about 10. It would also have been helpful to know more about the background of participants attending i.e. job role. I thought it was only participants in health but I had participants from education attending. This information would have been useful to make sure the workshop was tailored in the most helpful way possible. I also would have liked it if there had been some kind of evaluation of the individual workshops. | | |

4. How satisfied were you with the virtual event experience?

| | | | Response Percent | Response Total |
|---|-------------------|---|------------------|----------------|
| 1 | Very satisfied |  | 67.31% | 35 |
| 2 | Satisfied |  | 25.00% | 13 |
| 3 | Neutral |  | 3.85% | 2 |
| 4 | Dissatisfied |  | 3.85% | 2 |
| 5 | Very dissatisfied | | 0.00% | 0 |
| | | | answered | 52 |
| | | | skipped | 0 |

Comments: (24)

| | |
|---|---|
| 1 | I guess I missed the chance for open questions |
| 2 | not great, live kept going off |
| 3 | I found the speakers inspirational |
| 4 | The virtual experience was brilliant and so well thought out. Living mostly virtual for the past year and delivering sessions to parents has given me a better understanding how powerful virtual |

4. How satisfied were you with the virtual event experience?

| | | Response Percent | Response Total |
|----|---|---------------------|-------------------|
| | events/sessions can be. | | |
| 5 | Unfortunately I was unable to join for much of it due to workload which wasn't expected however I am going through the recordings where available to catch up on topics which I missed. | | |
| 6 | Job well done. | | |
| 7 | It worked really well for me as a working single parent as was manageable around childcare. Had this been a three day event at a location unless it was in Harrogate I would not have been able to attend. | | |
| 8 | It was easy to access the sessions, time before the sessions and in between could be used to answer work queries in a timely manner | | |
| 9 | I would not have been able to access the event had it been a face to face, bookable event, considering the time it would have taken out of the working week and travel, costs etc. This way I was able to access the parts that were of most interest/relevant, yet also able to pick up daily tasks/messages in between. | | |
| 10 | I felt relaxed on the zoom panel because of previous experience over lockdown and it was in my home so moving forward I think I could speak my message anywhere really. | | |
| 11 | As above. So accessible and so much information. | | |
| 12 | Really enjoyed the 3 days | | |
| 13 | Only a few technical glitches but ran smoothly. | | |
| 14 | disappointed that on Day 2 & 3 a lot of the sessions were on zoom. This is not supported on our work devices. I started watching on my personal phone but the experience was not the same on the phone so I ended up not attending as many sessions as I had hoped to. | | |
| 15 | The benefit of 'virtual' is the possibility to attend without leaving home. Given the nature of some of the content it was quite hard to listen to it sat on your own staring at a computer screen. | | |
| 16 | Besides the technical issues on both ends, it was fine. | | |
| 17 | I attended far more virtually than a physical event and I could stay at home! I'm not hugely interactive when learning with strangers so I enjoyed receiving the information and being able to ask questions where it felt relevant. It also side-stepped unnecessary fillers and meant there was more emphasis on content. | | |
| 18 | Can't beat face-to-face can you however you pulled it out of the bag! | | |
| 19 | It was not the best virtual experience as explained above. I don't think the one person presenting for half an hour was very inclusive and then the panel sessions were not inclusive as could not see anybody else's questions and what their thoughts and feelings were. Even though you cannot see other people you can normally see the chat and this was not happening on most occasions only on zoom sessions. It was just a case of listening and felt myself getting very disengaged from the whole process if I was honest. | | |
| 20 | The ability to join conversations over 3 days in another part of the country was really valuable. I would not have been able to do this face to face due to the time commitment, travel and cost. | | |
| 21 | Zoom was disabled by SWYT due to not being secure enough, although I could take part this may be why my camera did not work. | | |
| 22 | It was a positive experience as an attendee and deliverer. | | |
| 23 | I did not really use the 'coffee area' as every table I went to no one really engaged with talking and it was hard to know who people were. I would have liked to be able to chat with people within the keynote sessions rather than it just be a streamed event. | | |

4. How satisfied were you with the virtual event experience?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 24 | best virtual event I have attended - unbelievable how organised it was with no real issues. | | |

5. What did you like most about the virtual experience?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 48 |
| 1 | the live videos/ sessions | | |
| 2 | a good choice of subject matter - able to go from one workshop to another if i wanted which would not have been possible in person! | | |
| 3 | time | | |
| 4 | Completely accessible and it meant that I could dip in and out of the programme where I had other work commitments that I needed to deal with. | | |
| 5 | the interactive way that it was delivered | | |
| 6 | I thought the live streaming worked well and it still felt like you were sharing an experience with lots of other people. It was good to be able to see how many people were watching or taking part in the workshops at any one time. | | |
| 7 | That you could dip into different talks. Everything was easily accessible and so it made it less stressful. | | |
| 8 | the smoothness | | |
| 9 | I liked it all and accessed all three days until the end. I like how people from all over the country could join together to take part and share their knowledge. | | |
| 10 | Easy to join, no travel or parking issues! | | |
| 11 | Being able to move between workshops easily. | | |
| 12 | Not having to travel to training venue. | | |
| 13 | Different organisations/ individuals in attendance | | |
| 14 | Could attend workshops on most days which would not have been possible if the event was face to face. As with all virtual events there is some discipline to keep focused on the event and not reply to emails at the same time. | | |
| 15 | The ease of clicking into live streams/workshops | | |
| 16 | Having the opportunity to listen to some amazing , inspirational speakers and an event I would probably not have attended if it had been 'real', with this I could carry on working and dip in and out of things. | | |
| 17 | Wide range of speakers and accessible to all | | |
| 18 | Everyone there wanted to be there, no hierarchy. Some great speakers who were passionate about their subject and a real sense that we all can make a difference to the lives of those who have experienced trauma with joined up working. | | |
| 19 | You could join the events relevant or around work commitments | | |
| 20 | It meant I didn't have to travel and could still access the event. | | |

5. What did you like most about the virtual experience?

| | | Response Percent | Response Total |
|----|--|---------------------|-------------------|
| 21 | The wide range of speakers and subjects covered. the opportunity to learn about new ideas and to share research and practice. | | |
| 22 | I particularly enjoyed the presentation by Richard McCann and also St. Giles Trust as well as the very end session on Day 3. | | |
| 23 | Able to go from event to event easily and being able to see the on line agenda | | |
| 24 | Dong it this way meant that you could have a wider range of speakers from across geographical areas and more attendees without the limitations of venue space and travel/accommodation costs. I liked the way that you could see from the countdown exactly how long you had between speakers/workshops and so you could continue your own pieces of work in between without your own work/calls/emails building up whilst you attend. | | |
| 25 | The ability to be comfortable, to hear and have space to listen without worrying about my uncomfortable seat or the noisy breather behind me :-) I liked when i felt upset or vulnerable i want exposed or have to depress it. | | |
| 26 | It was easy to dip in and out. i couldn't attend everything over the 3 days so was good to be able to come in and out and click on workshops or speakers when I could. | | |
| 27 | My unexpected and impromptu panel experience! The fact that I was able to manage my life around the schedule because everyone speaking stuck to it so I had breaks in my own house, my own tea, my own fridge and was able to concentrate because of this and make the most of this wonderful opportunity. | | |
| 28 | The webpage with all the resources and networking possibilities. Also the variety of workshops. So good that there was a lot about co production. Brilliant. | | |
| 29 | I could attend from home when I was isolating. | | |
| 30 | The range of experiences offered and for free! | | |
| 31 | Opportunity to learn from others and to reflect | | |
| 32 | The accessibility of it, it was done in such a professional way that made it very accessible. | | |
| 33 | Workshops were very positive | | |
| 34 | That I was still free to catch up on work during the breaks. The down side to this was missing the networking with other attendees. | | |
| 35 | I really loved the resilience training he was fantastic and really motivated me. | | |
| 36 | The speakers, the shared passion for the topic and the fact I could dip in and out | | |
| 37 | A mass gathering that could go ahead without safety concerns. | | |
| 38 | - | | |
| 39 | As above. | | |
| 40 | I did this at home so I could put a load of washing in, between speakers, get a drink much quicker than if I had been in the office! | | |
| 41 | when was on zoom but don't think this is the best platform and that teams is the best way to get interaction of a kind virtually | | |
| 42 | I had other work commitments so was able to dip in and out. And as in previous comment living so far away I would not have been able to attend face to face. It was so well organised I don't think being virtual detracted from the sessions. | | |

5. What did you like most about the virtual experience?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 43 | no travel or parking. used chat box which might be better than asking questions in a room full of people for some. | | |
| 44 | Opportunity to access event without travel, smaller breakout groups | | |
| 45 | Ease of logging on Wide choice of key note speakers/workshops Ability to hear/attend the key note speakers/ workshops you wanted to and not missing out because it was over subscribed (which can happen if done at a face to face) | | |
| 46 | Listening to the huge variety of speakers who shared there experiences with practitoners. | | |
| 47 | I wasn't able to go to many but the couple of workshops I went to worked well. I found it easy to log on and access the streamed keynote sessions. | | |
| 48 | the range of platforms used and the ability to include participants throughout the days. loved the different rooms you could enter. | | |
| | | answered | 48 |
| | | skipped | 4 |

6. What would you improve about the virtual experience?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 39 |
| 1 | more oppotunity for break out rooms and discussion, networking opportunities with others | | |
| 2 | too long | | |
| 3 | Nothing - it was brilliant | | |
| 4 | N/a | | |
| 5 | Zoom was a bit slow to connect sometimes but that may have been the NHS system. I couldn't see a place to comment during the live streams which may be a good addition in the future - would also help the presenters know that people were engaging. | | |
| 6 | Provide recordings of workshops that were missed so that people can access later. | | |
| 7 | na | | |
| 8 | N/A | | |
| 9 | Nothing. | | |
| 10 | NA | | |
| 11 | N/A | | |
| 12 | Shorter event. I was fortunate to be able to dip in and out of workshops however for colleagues on the frontline taking more than half a day out of practice would be a challenge. I am aware of a number of colleagues in primary care who would have benefited from attending. These professionals are essential for providing information/signposting for families therefore an opportunity missed in sharing practice and awareness raising. | | |
| 13 | Nothing | | |






6. What would you improve about the virtual experience?

| | | Response Percent | Response Total |
|----|---|---------------------|-------------------|
| 14 | I think it went as well as it could. I do believe that there is no substitute for face to face seminars/meetings when working with others to facilitate change. | | |
| 15 | If it had been 'in person'! However I thought this was a very high-quality virtual event. | | |
| 16 | nothing | | |
| 17 | Not a huge problem but I found Teams easier to follow than the zoom sessions - but this was a niggle rather than a real issue | | |
| 18 | N/A | | |
| 19 | Not sure there is anything to improve. There were some technical bits that I could not work out like voting on certain things but I am not tech savvy. | | |
| 20 | A definite start time communicated due to the ticket time and website time being different. Double checking that login and meet details are provided to all delegates. | | |
| 21 | Nothing | | |
| 22 | There was a few things I would have liked to do in the workshops and only being able to choose one, was a shame. I hope I can catch up if they are uploaded onto the showcase. | | |
| 23 | Make it more interactive if possible | | |
| 24 | possibly not on 3 consecutive days - it was difficult to fit other pressing work around the sessions | | |
| 25 | Ensuring that all speakers felt confident with delivering virtually. | | |
| 26 | I would have liked more actual interaction in the workshops | | |
| 27 | One digital platform used for ALL sessions | | |
| 28 | nothing | | |
| 29 | I found 3 consecutive days hard to attend fully (although I would have liked to). If you were running an event online again, could stagger the days / content? | | |
| 30 | Nothing that I can think of. | | |
| 31 | - | | |
| 32 | Don't know | | |
| 33 | have a virtual platform where the speaker can be seen and the questions can be seen coming in this feels more inclusive. then there is time for a quick Q&A with that speaker. the panel will select some questions from the chat at the end to answer not switching platforms and staying on the one platform, it was very disconcerting..... | | |
| 34 | All of it. the option to select workshops. | | |
| 35 | Nothing, zoom was a challenge as our IT department don't support zoom so had to use an ipad for some of the talks, however other platforms (eg MS teams) are not as versatile as zoom for teaching and events. | | |
| 36 | Opportunity for questions in some of the sessions | | |
| 37 | As a deliverer we felt more comfortable knowing we had someone to help with any IT issues but a future consideration would be that if something inappropriate is being said or conversations overheard the IT supporter can quickly mute it. We had a telephone call taken that was overheard for a few minutes before being put on mute. As we couldn't see who it was we were unable to do it ourselves | | |

6. What would you improve about the virtual experience?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| | On one of the other workshops I attended the IT support came on and was a little like a 'host' and thanked the people who had delivered the session and the people who had attended, this felt much more 'nicer' ending. | | |
| 38 | As previously mentioned I would have liked to be able to 'chat' with fellow participants during the key note session. I found the 'networking area' awkward and difficult to navigate therefore I didn't really use it. | | |
| 39 | nothing | | |
| | | answered | 39 |
| | | skipped | 13 |

7. Which virtual rooms did you visit during the event?

| | | | Response Percent | Response Total |
|---|----------------------|---|------------------|----------------|
| 1 | Agenda and Bio |  | 80.00% | 36 |
| 2 | Showcase |  | 77.78% | 35 |
| 3 | Health & Wellbeing |  | 53.33% | 24 |
| 4 | Photo booth & Mosaic |  | 40.00% | 18 |
| 5 | Networking Space |  | 26.67% | 12 |
| | | | answered | 45 |
| | | | skipped | 7 |




Comments: (20)

| | |
|----|--|
| 1 | didn't have time to visit other virtual rooms |
| 2 | I did visit them all either before or during. The networking could have been (should have) been better used. Perhaps specific network sessions would have helped. |
| 3 | I intend to re-visit the other rooms at a later date |
| 4 | The photo booth has been closed every time I've visited it - but I have only tried after the event not during. |
| 5 | I didn't get the networking space. whenever i went on it was just a blank screen, i would have liked more info on what it was about and what would happen before i went into it. |
| 6 | Need to make time and revisit the virtual room. |
| 7 | Some of the links did not work in the showcase. It would have been helpful at the start to know that these links will be available for 12 months. There was so much to take in it was quite overwhelming. I wasn't able to access the networking space. |
| 8 | The only reason I did not visit the networking space was due to needing to work during any breaks |
| 9 | N/A |
| 10 | Really informative and I came away with lots of ideas to use in my future work |

7. Which virtual rooms did you visit during the event?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 11 | Really enjoyed this event and the resources that people shared are so useful to go away and use to explain to teams. Thanks for organising and please make it annual!!!!!! | | |
| 12 | Couldn't get into the networking space, limited tech capability | | |
| 13 | Just attended sessions | | |
| 14 | I didnt know what to do in the networking space lol so left promptly the health and wellbeing section was a really nice touch and very much needed | | |
| 15 | I didn't really want to visit any rooms as I wanted to get up and move about when I had the chance. | | |
| 16 | It was a little hard to navigate initially but once you had got it it worked well. Well done | | |
| 17 | I could not get into them so none | | |
| 18 | I visited all areas however I only really used the agenda and the showcase rooms. | | |
| 19 | showcase after the event, would have liked to connect with people from my own area Calderdale but found juggling all the possible technology during a bit too much. | | |
| 20 | We struggled to get in ot the networking space on the day we tried | | |

8. How satisfied were you with the amount of key note presentations?

| | | | Response Percent | Response Total |
|---|-------------------|---|------------------|----------------|
| 1 | Very satisfied |  | 62.75% | 32 |
| 2 | Satisfied |  | 35.29% | 18 |
| 3 | Neutral |  | 1.96% | 1 |
| 4 | Dissatisfied | | 0.00% | 0 |
| 5 | Very dissatisfied | | 0.00% | 0 |
| | | | answered | 51 |
| | | | skipped | 1 |




Comments: (16)

| | |
|---|--|
| 1 | There were a lot but probably unavoidable in the situation. |
| 2 | The event was inspirational. The presentations were relevant and current. |
| 3 | fantastic to hear people share there lived experiences |
| 4 | Good pace, range of styles and lots of energy. |
| 5 | A good range of Key note speakers. |
| 6 | Very inspirational. |
| 7 | Liked the length of the presentations too |
| 8 | A broad range of speakers who engendered a message that we can all do something to improve the lives of those who have experienced/ continue to experience trauma. |

8. How satisfied were you with the amount of key note presentations?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 9 | I could have listened to them for much longer though!! | | |
| 10 | Inspiring | | |
| 11 | I think there were enough speakers with out becoming too much to take in. | | |
| 12 | It is a heavy topic and each presenter came with their own style and some are, naturally, more enjoyable to listen to than others. Where we had speakers who were speaking from the lived experience I found more engaging as I am always more interested to find out what they think of the services available and how they are using their experience as a springboard to supporting others - always fabulous | | |
| 13 | there was a variety of speakers it might have be good to have more oppportunity to attend session with practitioners working in this field talk about work been done, ongoing or planned to be done | | |
| 14 | message very clear and objectives met | | |
| 15 | Especially good to hear from those with lived experience . | | |
| 16 | great range of speakers | | |

9. How satisfied were you with the quality of content of our key note presentations?

| | | | Response Percent | Response Total |
|---|-------------------|--|------------------|----------------|
| 1 | Very satisfied |  | 68.63% | 35 |
| 2 | Satisfied |  | 25.49% | 13 |
| 3 | Neutral |  | 5.88% | 3 |
| 4 | Dissatisfied | | 0.00% | 0 |
| 5 | Very dissatisfied | | 0.00% | 0 |
| | | | answered | 51 |
| | | | skipped | 1 |





Comments: (14)

| | |
|----|---|
| 1 | Most were excellent and relevant |
| 2 | a lot of repetition |
| 3 | As above |
| 4 | A great line up - and everyone brought something different. |
| 5 | great quality information. All the presentations were really informative. |
| 6 | Some excellent learning points. |
| 7 | Incredibly informative, pages and pages of notes made! |
| 8 | some very inspirational speakers |
| 9 | A very interesting range of speakers. |
| 10 | All were really interesting |

9. How satisfied were you with the quality of content of our key note presentations?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 11 | Just enough information to understand what was being covered. | | |
| 12 | Some more engaging than others - usually down to experience. Difficult if you reading from a script as we could see the eyes reading the words rather than it seeming to come 'from the heart' | | |
| 13 | as explained above felt the presentations where just talking to camera was not enough, need context, and more visual information - this was quite heavy going for half hour sessions | | |
| 14 | very knowledgeable - sharing loads of information | | |

10. How satisfied were you with the amount of workshops offered?

| | | | Response Percent | Response Total |
|---|-------------------|--|------------------|----------------|
| 1 | Very satisfied |  | 60.78% | 31 |
| 2 | Satisfied |  | 31.37% | 16 |
| 3 | Neutral |  | 5.88% | 3 |
| 4 | Dissatisfied |  | 1.96% | 1 |
| 5 | Very dissatisfied | | 0.00% | 0 |
| | | | answered | 51 |
| | | | skipped | 1 |




Comments: (17)

| | |
|----|---|
| 1 | they were too long and only one on the session, a couple of the speakers just read out of a book. |
| 2 | I think that having a bit more explanation to the area workshops would've helped with choice and having the option to attend more than one as choosing was difficult! |
| 3 | Plenty to choose from. |
| 4 | Very satisfied. There was lots of workshops. I just wish i could have been in them all. |
| 5 | Offered choices more relevant to different professionals. |
| 6 | Although would have liked to have attended more |
| 7 | Too many workshops all on at the same time. |
| 8 | Wish I could of attended more and so very pleased slides and recordings are available for 12mths |
| 9 | I didn't attend any workshops |
| 10 | Too many - I had a tough decision on which to attend!! |
| 11 | I got so much direction from the speaker Iain Hadley. I'm due to go back into working in the criminal justice system voluntary sector (previously was a volunteer offender coordinator at cgl) to start prison resettlement training and also starting the 2nd year of a criminology degree. I was so excited about this and his lived experience workshop was so so inspiring. |
| 12 | Not too many that it was impossible to take a break. |
| 13 | It was always interesting to see who else would be on these and how the conversation would flow - really enjoyed these |

10. How satisfied were you with the amount of workshops offered?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 14 | these were best sessions to be honest and as stated above need more opportunity with these sessions | | |
| 15 | maybe three full days would allow more options to attend more workshops | | |
| 16 | Possibly a bit ambitious 3 days on such an emotive subject was quite draining. | | |
| 17 | great range of choice - if anything would have liked more days to attend those unable to attend | | |

11. How satisfied were you with the quality of content of our workshops?

| | | | Response Percent | Response Total |
|---|-------------------|---|------------------|----------------|
| 1 | Very satisfied |  | 56.00% | 28 |
| 2 | Satisfied |  | 32.00% | 16 |
| 3 | Neutral |  | 12.00% | 6 |
| 4 | Dissatisfied | | 0.00% | 0 |
| 5 | Very dissatisfied | | 0.00% | 0 |
| | | | answered | 50 |
| | | | skipped | 2 |

Comments: (15)

| | |
|----|--|
| 1 | I didn't attend a 'workshop' |
| 2 | I think on line workshops are quite difficult when participants don't know each other. some were better than others |
| 3 | too long |
| 4 | Very informative and thought provoking. Great to share good practice and provided lots of inspiration |
| 5 | Very satisfied there was a large range of information from speakers regarding various topics. |
| 6 | The Looked After Children workshop didn't offer an opportunity to ask questions or promote discussion. User unfriendly and a bit of a let down. |
| 7 | Some of the workshops were really good. Some more relevant to the work I am doing than others. I did find it difficult to read the slides even when on full screen. |
| 8 | The ones I attended were incredibly inspirational |
| 9 | It very much varied according to the person conducting it. |
| 10 | I loved them all, except the one about race... i left feeling defensive and im not sure that was the idea |
| 11 | Enough to understand the messages they were delivering. |
| 12 | Really good |
| 13 | as stated need more opportunity to join more |

11. How satisfied were you with the quality of content of our workshops?

| | | | Response Percent | Response Total |
|----|--|--|------------------|----------------|
| 14 | | voice of speakers kept cutting and not very clear | | |
| 15 | | very high in standards - a lot of expertise in each workshop | | |

12. What was your highlight of the event?

| | | | Response Percent | Response Total |
|----|--|--|------------------|----------------|
| 1 | Open-Ended Question | | 100.00% | 41 |
| 1 | Difficult to choose just one. I got things from many | | | |
| 2 | n/a | | | |
| 3 | The closing film and subsequent discussion. the motivational speaker, Mark sharing his life experience Sir Norman Lamb I missed a couple I wanted to see that I will hopefully catch up on. | | | |
| 4 | hearing peoples own stories & narratives | | | |
| 5 | Really hard to single one highlight but I did really enjoy the Warren Larkin and Stan Gilmour workshops. | | | |
| 6 | All of it. I wasn't able to access every bit due to work commitments but what i did i really enjoyed. | | | |
| 7 | the speakers | | | |
| 8 | All of it. Every presentation and workshop was informative and moving. | | | |
| 9 | Discussions during workshops. | | | |
| 10 | inspirational stories of hope and resilience and the survivors | | | |
| 11 | Being on a panel with Robert Balfour! | | | |
| 12 | Richard Mccan | | | |
| 13 | Richard McCann's presentation | | | |
| 14 | I couldn't choose - it was a great launch event. | | | |
| 15 | Rob, he was brilliant. | | | |
| 16 | The Richard McCann presentation and also St. Giles Trust | | | |
| 17 | Enjoyed Richard McCanns speech - but in general think i got most from hearing other professionals experiences. | | | |
| 18 | 2 speakers - Richard McCann (inspirational) and Graham Allen (reminded me of why I ever chose a career in early intervention!!) | | | |
| 19 | All of it - it worked so well as a whole! I felt inspired | | | |
| 20 | Speakers: Warren Larkin, Richard McCann | | | |
| 21 | Panel and sharing my message with 77 other people without hesitation. Learning from everyone else that lived experience helps others understand what they need to know and rather than teach them we can share so they can gain this valuable insight. | | | |

12. What was your highlight of the event?

| | | Response Percent | Response Total |
|----|--|---------------------|-------------------|
| 22 | The workshop I attended by Rob Balfour. Hearing peoples experiences and thoughts was invaluable. Also the talk by Richard McCann...so inspiring. | | |
| 23 | Richard McCann, what an inspiration. Also loved hearing Warren Larkin and Graham Allen was very interesting. All the prayers were great, these people I found very interesting. | | |
| 24 | Being able to see things from different perspectives and also people sharing personal stories - so powerful. | | |
| 25 | Sessions by Warren Larkin, Richard McCann and Darren McGarvey | | |
| 26 | I really enjoyed it all if I am honest. | | |
| 27 | Key note speeches | | |
| 28 | I really enjoyed listening to the Scottish man talking about the effect of trauma on the children in schools. It was interesting to have someone articulate the truth in a system which doesn't fit our children who have complex trauma. | | |
| 29 | Richard McCann although I knew the story well. | | |
| 30 | Just the opportunity to be a part of it. | | |
| 31 | Day 1 | | |
| 32 | Darren McGarvey by far. | | |
| 33 | The were many, many elements that was really good and interesting, but head and shoulders above were the males on the last day (I can't remember their name) but they showed a rap / cartoon / video - I just thought how powerful is that! | | |
| 34 | clinical psychologist session | | |
| 35 | prevention studies speakers own life experiences Alyas - Sharing Voices | | |
| 36 | Every presentation and event I attended was worthwhile. Warren Larkin, Richard McCann, Ben Curtis and Robert Balfour all stood out for me. | | |
| 37 | I found the speaker from Glasgow Loki very thought provoking and whole heartedly agree that many children would find entering a library (ditto CAMHS and School) more scary than the risk taking behaviour in the community they are used to. I attended the conference to understand how we reach such people in mental health. | | |
| 38 | Thinking about labels we use for behaviour and opportunities to explore the reasons for that behaviour | | |
| 39 | Hearing about best practice, what is happening and how it can be achieved. | | |
| 40 | Richard McCann's enthusiasm and ability to enlighten practitoners around resilience. | | |
| 41 | too many to choose from enjoyed Richard McCann and last key note speaker | | |
| | | answered | 41 |
| | | skipped | 11 |

13. What was your biggest takeaway from the event?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 44 |
| 1 | This is a big agenda that lots of organisations and individuals are for and are promoting, there is lots of good practice going on in our area and lots of expertise. great that all these organisations could come together. optimistic | | |
| 2 | The need to promote 'trauma awareness' | | |
| 3 | n/a | | |
| 4 | I feel inspired by it. It has encouraged me to consider how we can better work on prevention within our service. I am developing some proposals to present to our commissioners to better support and invest in this. I am also looking at how we can better support children and YP who we know to be vulnerable such as YOT and PRU. | | |
| 5 | the energy & shared vision from all partnered organizations | | |
| 6 | Something that Warren Larkins said: If we talk to people about their lives - they don't tend to be offended. | | |
| 7 | How to build resilience in our young people and how to support trauma and adversity. We need to remind schools of how they can do this and that it shouldn't be about the national curriculum all the time but about the other skills needed to be good citizens. | | |
| 8 | how others understand trauma | | |
| 9 | My biggest takeaway was how powerful discussions were when speakers were telling their stories from their experiences as children and how they overcome these. Really powerful. | | |
| 10 | More people are working with Trauma and early intervention. | | |
| 11 | Peoples hope and resilience in coming back from horrors to share their stories of hope against adversity. And that I personally really listen to peoples experiences each individual has their own story to tell | | |
| 12 | There is so much going on everywhere but I am not convinced that we have the connectivity between professionals. More work in promoting in primary care required. Would be useful to have training for professionals accessible in one place. Would be good to have links/information about everyone's websites all in one place - save professionals and families a lot of time on google. | | |
| 13 | Post Traumatic Growth I had not come across this term before and it is the missing jigsaw piece for our organisation when describing our intention. | | |
| 14 | That something must be done after listening to all the experiences and the evidence. | | |
| 15 | the commitment to developing a trauma informed approach across the ICS | | |
| 16 | We can all make a difference however it very much depends on senior leaders pushing the agenda and ensuring that it doesn't take a back seat. There have been a number of initiatives that have fallen by the ways side and stopped. This is an area that impacts on the lives of those citizens living in Wakefield, to ignore it is short sighted and false economy | | |
| 17 | Richard McCann | | |
| 18 | There are a lot of people who are carrying invisible scars. Hopefully, I can be more sensitive to that. | | |
| 19 | The need to explore how this can link into resettlement work for young people in west yorkshire. | | |
| 20 | To recognise the signs of Childhood Adversity and then how different behaviours can arise from | | |

13. What was your biggest takeaway from the event?

| | | Response Percent | Response Total |
|----|--|---------------------|-------------------|
| | this at different times throughout life | | |
| 21 | Reinforced a lot of knowledge, however the cost saving of preventative work, the need for people to look after each other, and the need to be human and not driven by process | | |
| 22 | The resources shared. These are of such value when you are trying to explain the impact of some of the speakers you have heard and the messaged that you are trying to feedback. | | |
| 23 | The resources we give to single/simple trauma far outweigh that of complex trauma and we (individuals/systems etc) need to do more. I also found it validating about my own trauma and the impact good and bad this has had, how trauma isn't actually often spoken about enough - its often taboo. I seen others feel a little liberated by sharing. I didn't feel the need to share but could see how there may be times in the work we do it could be helpful (if done appropriately) | | |
| 24 | Trauma informed approach is needed across services and organisations. I knew this but this reinforced the message for me. | | |
| 25 | Confidence that Yorkshire is heading in the right direction and facilitating space for people who need to be understood regarding their trauma experiences has grown massively and the fact that all the delegates contributed so appropriately. | | |
| 26 | All the information I gathered from talks and the webpage which I can share with colleagues. | | |
| 27 | How ACE impact on your future life and physical and mental well-being. I always thought an ACE was something really traumatic, but this proved it is not. Made me reflect on things in my own childhood and how that probably had more impact than I imagined. | | |
| 28 | That there is shared goal and to be part of it is very exciting. Together we can make a difference. | | |
| 29 | The need to focus more upstream and the vital importance of the therapeutic relationship | | |
| 30 | That I am not alone in my passion for trauma informed practice and it feels like the goal of being trauma informed across West Yorkshire and Harrogate by 2030 is achievable. I feel really focused and inspired to continue forward on the journey, which at times has felt too big and out of reach. | | |
| 31 | impacts of trauma in youth | | |
| 32 | #BeKind | | |
| 33 | To know that people are invested in the region. | | |
| 34 | Reflections | | |
| 35 | Confidence that this is on many agendas and good work is happening somewhere other than Scotland! | | |
| 36 | That many services really are trauma informed and understand the adversity and this is what causes so many issues for people and whole communities. We should really begin to see significant change, if we carry on from here, developing over the next 5years | | |
| 37 | need to do more preventative work rather than reactive to the issues. Small steps are needed as this is big change that is needed | | |
| 38 | Alyas talk about the contents in real terms and works going on in Bradford. statistics. | | |
| 39 | Thar the organisation that should be the most trauma informed ie the NHS in their practice are possibly the least and implementing real change is going to be a challenge but one that is necessary. | | |
| 40 | Need for trauma informed approach across services including the building, attitudes and for time to build up trust and be flexible where permitted to. | | |

13. What was your biggest takeaway from the event?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 41 | Thinking how I can use a trauma informed approach in my own work | | |
| 42 | Participation from stakeholders right from the beginning including those with lived experience being a valued part of this process. Building relationships so people have feel comfortable to share their story and listened to | | |
| 43 | The feeling of being part of an enlightened workforce across agencies and hope for the future that we can all make a better impact on those we work with and support. | | |
| 44 | the learning - lots of information to share with other services and teams | | |
| | | answered | 44 |
| | | skipped | 8 |






14. How do you think the event could have been improved?

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 32 |
| 1 | Maybe more direct interaction with speakers. defined networking time. but these are picky | | |
| 2 | shorter and not as repetitive | | |
| 3 | N/A | | |
| 4 | Struggling to think of anything here. | | |
| 5 | If the event had of been face to face i would have been there and not always distracted by work. Suspect that is my issue though! | | |
| 6 | N/A | | |
| 7 | N/A | | |
| 8 | Timings /navigation | | |
| 9 | Needs to be a maximum of one day at a time. Maybe two events in the year. Professionals can't take two days out of practice at once. More information about the workshops in the event information. | | |
| 10 | Perhaps a chance to network for an hour at end of the day | | |
| 11 | Maybe not so many workshops, I didn't have fantastic attendance at mine even though quite a few signed up, maybe it's difficult to maintain the numbers virtually when it's an all day thing (and it's lunchtime). All the virtual events that we've run since lockdown 1 have been under 2 hours long. But it was ambitious and it had plenty of short breaks which was good. | | |
| 12 | I don't | | |
| 13 | The short 20 minute talks seemed too short and rushed. It might be better to have fewer speakers but allow them longer to get their message across. | | |
| 14 | On Line some of the workshops were a bit long if teh presenter was not very engaging, I would have got shorter workshops, its a bit easy to switch off on line. | | |
| 15 | Giving the speakers longer !!!! | | |

14. How do you think the event could have been improved?

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 16 | N/A | | |
| 17 | This is a difficult question given that Emmerline did state the feedback would be listened to and actioned on going forward- I'll have to leave it to the others now. | | |
| 18 | Shorter gaps in some areas, but overall it was good. | | |
| 19 | more interactive - less presentation in parts to allow for discussion | | |
| 20 | Rather than 3 consecutives perhaps 1 day a week for 3 weeks | | |
| 21 | In all honesty I don't think it could have been. | | |
| 22 | n/a | | |
| 23 | one digital platform used throughout | | |
| 24 | n/a | | |
| 25 | I dont think it could be | | |
| 26 | N/A | | |
| 27 | Next steps sessions | | |
| 28 | Not sure it was really really good | | |
| 29 | virtual platform more workshops | | |
| 30 | There were so many choices in workshops it was difficult to pick one. It would be great if these were available to watch as recordings? | | |
| 31 | For me more about treatment and evidence but the event had a mixed audience and this may be more appropriate in our own CPD. | | |
| 32 | not sure it could | | |
| | | answered | 32 |
| | | skipped | 20 |

15. How likely are you to contact someone you met from the event?

| | | Response Percent | Response Total |
|---|-----------------------------|---|----------------|
| 1 | Very likely |  | 40.00% 20 |
| 2 | Likely |  | 32.00% 16 |
| 3 | Neither likely nor unlikely |  | 16.00% 8 |
| 4 | Unlikely |  | 10.00% 5 |
| 5 | Very unlikely |  | 2.00% 1 |
| | | answered | 50 |
| | | skipped | 2 |

16. If you were unable to make a pledge at the event and would like to please write you pledge below

| | | Response Percent | Response Total |
|----|---|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 22 |
| 1 | Raise the issue of trauma awareness in my organisation - I have already done so at Board meeting today! Try and ensure system and organisations have relevant outcomes to work towards. | | |
| 2 | As above | | |
| 3 | CONTINUE MOVING FORWARD WITH CO PRODUCTION WORKING | | |
| 4 | Talk to people openly and honestly about their traumatic experiences | | |
| 5 | I made a pledge | | |
| 6 | I pledge to think about how the work I do can contribute to a reduction in childhood trauma and create safe places for children to have fun and enjoy being a child. | | |
| 7 | To share principles of trauma and early intervention with partner agencies. | | |
| 8 | To support YP across my services to share their journey - those that don't really engage and to listen | | |
| 9 | Pledge made at event | | |
| 10 | To seek to explore how the work of Resettlement Consortium can better engage with this workstream. | | |
| 11 | I pledge to incorporate the research on trauma in all of the assignments on my Criminology and Sociology degree and placements. I pledge to be willing to share with whoever needs me my own lived experience in an appropriately sensitive and timely way to help others know they are not alone and people do care. | | |
| 12 | My pledge is that I will continue to drive Wakefield Youth Offending Team and Paediatrics at Mid Yorks into a future which is grounded in trauma informed practice for the children and families we work with but also for ourselves and our colleagues. | | |
| 13 | I will raise awareness of trauma informed care with my colleagues | | |
| 14 | To work together were I can. | | |
| 15 | I did one: | | |
| 16 | i will takeaway the 'safe spaces' vision an adapt this further in supported services for care leavers. | | |
| 17 | I pledge to imbed trauma informed principles and thinking into the health services for children in care across Sussex . | | |
| 18 | To keep putting myself in the shoes of families I work with and remember that the whole process of seeking mental health support can be traumatic for them and may be on top of other traumas which can cause barriers to their take up of services. | | |
| 19 | Challenging people when young peoples behaviour is labelled in an unhelpful way, and continuing to think system wide to | | |
| 20 | To ensure that the voice of c&yp is included from the start to help shape any work/services that are accessible to or effect c&yp. C&YP are active participants in this process (not tokenistic)and receive regular feedback on progress. | | |
| 21 | I will continue to strive towards an improved experience of Early intervention for our families in our authority and beyond. To support them understand how there early life experiences may have impacted on their ability to move forward | | |

16. If you were unable to make a pledge at the event and would like to please write you pledge below

| | | Response Percent | Response Total |
|----|--|------------------|----------------|
| 22 | I will take the learning from the event and share across the team I manage and ensure this supports the work we are committed to | | |
| | | answered | 22 |
| | | skipped | 30 |

2. Equality monitoring






17. What is the first part of your postcode?

| | | Response Percent | Response Total |
|----|-------------------------------|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 50 |
| 1 | wf9 | | |
| 2 | ls8 | | |
| 3 | LS17 | | |
| 4 | wf8 | | |
| 5 | HD3 | | |
| 6 | s71 | | |
| 7 | BL9 | | |
| 8 | WF1 | | |
| 9 | Ls10 | | |
| 10 | WF1 | | |
| 11 | BD15 | | |
| 12 | LS27 | | |
| 13 | BD9 | | |
| 14 | BD5/BD18/BD22 - DISTRICT WIDE | | |
| 15 | wf17 | | |
| 16 | HG2 | | |
| 17 | YO10 | | |
| 18 | BD19 | | |
| 19 | WF3 | | |
| 20 | LS28 | | |
| 21 | WF12 | | |
| 22 | WF2 | | |




17. What is the first part of your postcode?

| | | Response Percent | Response Total |
|----|----------|---------------------|-------------------|
| 23 | LS8 1JX | | |
| 24 | HG5 | | |
| 25 | wf5 | | |
| 26 | LS5 3BT | | |
| 27 | LS5 | | |
| 28 | S63 | | |
| 29 | LS17 | | |
| 30 | BD20 | | |
| 31 | LS21 | | |
| 32 | HD4 | | |
| 33 | BD21 5QY | | |
| 34 | WF1 | | |
| 35 | LS16 | | |
| 36 | wf6 | | |
| 37 | HD6 | | |
| 38 | WF2 | | |
| 39 | HX | | |
| 40 | SW18 | | |
| 41 | LS17 | | |
| 42 | BD17 5BE | | |
| 43 | BN3 | | |
| 44 | HX7 | | |
| 45 | S10 | | |
| 46 | Wf1 | | |
| 47 | BD2 | | |
| 48 | Ls8 | | |
| 49 | Is26 | | |
| 50 | LS6 | | |
| | | answered | 50 |
| | | skipped | 2 |

18. How old are you?

| | | | Response Percent | Response Total |
|---|---------------|---|------------------|----------------|
| 1 | 17 or younger | | 0.00% | 0 |
| 2 | 18 - 20 | | 0.00% | 0 |
| 3 | 21 - 29 |  | 3.92% | 2 |
| 4 | 30 - 39 |  | 15.69% | 8 |
| 5 | 40 - 49 |  | 37.25% | 19 |
| 6 | 50 - 59 |  | 39.22% | 20 |
| 7 | 60 or older |  | 3.92% | 2 |
| | | | answered | 51 |
| | | | skipped | 1 |

19. What sex are you?

| | | | Response Percent | Response Total |
|---|-------------------|--|------------------|----------------|
| 1 | Male |  | 11.54% | 6 |
| 2 | Female |  | 86.54% | 45 |
| 3 | Prefer not to say |  | 1.92% | 1 |
| 4 | Other | | 0.00% | 0 |
| | | | answered | 52 |
| | | | skipped | 0 |

20. Which country wer you born in?

| | | Response Percent | Response Total |
|----|---------------------|------------------|----------------|
| 1 | Open-Ended Question | 100.00% | 51 |
| 1 | England | | |
| 2 | uk | | |
| 3 | England | | |
| 4 | england | | |
| 5 | England | | |
| 6 | England | | |
| 7 | UK | | |
| 8 | England | | |
| 9 | England | | |
| 10 | Germany | | |

20. Which country wer you born in?

| | | Response Percent | Response Total |
|----|---------------------|---------------------|-------------------|
| 11 | England | | |
| 12 | Norway | | |
| 13 | UK | | |
| 14 | Scotland | | |
| 15 | UK | | |
| 16 | England | | |
| 17 | UK | | |
| 18 | UK | | |
| 19 | England | | |
| 20 | England | | |
| 21 | UK - England | | |
| 22 | uk | | |
| 23 | England | | |
| 24 | UK | | |
| 25 | scotland | | |
| 26 | England | | |
| 27 | England | | |
| 28 | UK | | |
| 29 | England | | |
| 30 | Trinidad and Tobago | | |
| 31 | England | | |
| 32 | England | | |
| 33 | Australia | | |
| 34 | UK | | |
| 35 | UK | | |
| 36 | uk | | |
| 37 | England | | |
| 38 | Austria | | |
| 39 | England | | |
| 40 | UK | | |
| 41 | England | | |
| 42 | UK | | |

20. Which country wer you born in?

| | | Response Percent | Response Total |
|----|---------|------------------|----------------|
| 43 | uk | | |
| 44 | UK | | |
| 45 | UK | | |
| 46 | England | | |
| 47 | UK | | |
| 48 | England | | |
| 49 | England | | |
| 50 | England | | |
| 51 | GB | | |
| | | answered | 51 |
| | | skipped | 1 |







21. Do you belong to any religion?

| | | Response Percent | Response Total |
|-----------------------------|-------------------------|------------------|----------------|
| 1 | Buddhism | 0.00% | 0 |
| 2 | Chritianity | 34.00% | 17 |
| 3 | Hinduism | 0.00% | 0 |
| 4 | Islam | 6.00% | 3 |
| 5 | Judaism | 2.00% | 1 |
| 6 | Sikhism | 0.00% | 0 |
| 7 | No Religion | 54.00% | 27 |
| 8 | Other (please specify): | 4.00% | 2 |
| | | answered | 50 |
| | | skipped | 2 |
| Other (please specify): (2) | | | |
| 1 | Jewish atheist! | | |
| 2 | Quaker | | |




22. What is your ethnic group?

| | | Response Percent | Response Total |
|---|---------|------------------|----------------|
| 1 | British | 82.35% | 42 |




22. What is your ethnic group?

| | | | Response Percent | Response Total |
|----|--|---|------------------|----------------|
| 2 | Irish | | 0.00% | 0 |
| 3 | Other |  | 5.88% | 3 |
| 4 | Indian | | 0.00% | 0 |
| 5 | Pakistani |  | 3.92% | 2 |
| 6 | Bangladeshi | | 0.00% | 0 |
| 7 | Any other Asian background |  | 1.96% | 1 |
| 8 | White and Black Caribbean |  | 1.96% | 1 |
| 9 | White and black African | | 0.00% | 0 |
| 10 | White and Asian | | 0.00% | 0 |
| 11 | Any other mixed background | | 0.00% | 0 |
| 12 | Caribbean |  | 1.96% | 1 |
| 13 | African | | 0.00% | 0 |
| 14 | Any other black background | | 0.00% | 0 |
| 15 | Chinese | | 0.00% | 0 |
| 16 | Any other Ethnic Group | | 0.00% | 0 |
| 17 | I do not wish to disclose my ethnic origin |  | 1.96% | 1 |
| | | | answered | 51 |
| | | | skipped | 1 |

23. Do you consider yourself to be disabled?

| | | | Response Percent | Response Total |
|---|-------------------|--|------------------|----------------|
| 1 | Yes |  | 3.92% | 2 |
| 2 | No |  | 94.12% | 48 |
| 3 | Prefer not to say |  | 1.96% | 1 |
| | | | answered | 51 |
| | | | skipped | 1 |

24. Are you a carer? Do you look after, or give any help or support to a family member, friend or neighbour because of a long term physical disability, mental ill-health or problems related to age?

| | | | Response Percent | Response Total |
|---|-------------------|--|------------------|----------------|
| 1 | Yes |  | 15.38% | 8 |
| 2 | No |  | 78.85% | 41 |
| 3 | Prefer not to say |  | 5.77% | 3 |

24. Are you a carer? Do you look after, or give any help or support to a family member, friend or neighbour because of a long term physical disability, mental ill-health or problems related to age?

| | Response Percent | Response Total |
|--|------------------|----------------|
| | answered | 52 |
| | skipped | 0 |

25. Are you pregnant?

| | Response Percent | Response Total |
|---|-------------------|----------------|
| 1 | Yes | 0.00% |
| 2 | No | 98.04% |
| 3 | Prefer not to say | 1.96% |
| | answered | 51 |
| | skipped | 1 |

26. Hve you given birth in the last 6 months?

| | Response Percent | Response Total |
|---|-------------------|----------------|
| 1 | Yes | 0.00% |
| 2 | No | 98.04% |
| 3 | Prefer not to say | 1.96% |
| | answered | 51 |
| | skipped | 1 |

27. Please select the option that best represents your sexual orientation?

| | Response Percent | Response Total |
|---|--|----------------|
| 1 | Bisexual (both sexes) | 5.88% |
| 2 | Gay (same sex) | 0.00% |
| 3 | Heterosexual / Straight (opposite sex) | 86.27% |
| 4 | Lesbian (same sex) | 0.00% |
| 5 | Other | 0.00% |
| 6 | Prefer not to say | 7.84% |
| | answered | 51 |
| | skipped | 1 |

28. Do you identify as Trans*?*Trans is an umbrella term to describe people whose gender is not the same as the sex they were assigned at birth.

| | | | Response Percent | Response Total |
|---|-------------------|--|-------------------------|-----------------------|
| 1 | Yes | | 0.00% | 0 |
| 2 | No | | 94.12% | 48 |
| 3 | Prefer not to say | | 5.88% | 3 |
| | | | answered | 51 |
| | | | skipped | 1 |