

Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- Working to improve people's health with and for them
- Improving people's experience of healthcare
- Making every penny in the pound count
- Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.

West Yorkshire and Harrogate Health and Care Partnership

Live Well Wakefield Outcome Story: GP referral



Live Well Wakefield provides a range of Self-Management Courses and Workshops offering self-help tools and techniques to help you manage your wellbeing whilst living with any long-term conditions. Courses and workshops are run across the Wakefield & Five Towns area

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Introduction:

Patient living in a nursing home due to a medical condition which resulted in symptoms similar to a stroke:

- Extremely limited physical ability & confined to bed unless aided to sit out
- severe speech impairment
- Requires support with all daily living activities by the nursing home staff
- no difficulties with his mental function, cognition or memory
- physical disabilities & speech impairment mean unable to move to the social room independently
- Staff have limited resource for regular 1:1's
- No frequent visitation from family or friends
- frustrated, angry, upset & low in mood due to disabilities.



Intervention:

Patient was referred to:

- The charity speakability who support people with speech difficulties – they offered befriending support by one of their members.
- The charity speak with I.T who support people with speech difficulties to look at alternative ways to support communication.
- The charity independent age for 1:1 volunteer befriending


Impact of Intervention:

Although the patients physical needs were being met through the nursing home care provided, his quality of life and mental health were impacted by loneliness.

The patient was grateful for the referrals made which will hopefully reduce loneliness & improve his quality of life.



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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations

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